

**Itinerary**  
**New River State Park, Virginia**  
**Bike Trip and Campout**  
**Boy Scout Troop 9**  
**November 14 – 16, 2008**

**Description**

This trip is a two-night campout with biking in the New River Trail State Park, Virginia's longest linear state park. The park winds 57 miles through the counties of Carroll, Grayson, Pulaski and Wythe, the towns of Fries and Pulaski, and the City of Galax.

The park is a multi-use trail ideal for hiking, bicycling and horseback riding, as well as camping, canoeing and fishing. New River Trail is Virginia's Millenium Legacy Trail – recognized for connecting communities and providing links between people, land, history and culture.

As its name suggests, New River Trail parallels the scenic and historic New River for 39 miles, 12 miles of the trail follow Chestnut Creek, 1.5 miles fronts Claytor Lake and the remaining length traverses rolling pasture land.

Cliffview Campground (Carroll County near Galax) is a trailside campground with primitive tent camping only. It overlooks Chestnut Creek. Access is from the Dannelly Fitness Complex parking lot and across a footbridge (no direct vehicle access). Ten primitive campsites are available.

All sites are timbered and marked. Each site has a fire ring, lantern post, picnic table, access to the New River Trail and non-flush toilet. Drinking water is NOT available.

Campers must leave their confirmation letter on their car's dashboard for overnight parking.

For more information about the park and the campsite visit:

[http://www.dcr.virginia.gov/state\\_parks/new.shtml](http://www.dcr.virginia.gov/state_parks/new.shtml) and  
[http://www.dcr.virginia.gov/state\\_parks/new.shtml#camping](http://www.dcr.virginia.gov/state_parks/new.shtml#camping).

**Messages and Trip Status**

Telephone contact may be tried; much of the area has poor cell phone coverage.

Mr. Gerdau 919-593-0037  
Mr. Stonecypher 919-475-7112

## **Schedule**

Friday	4:30 pm	NEW LOCATION: Meet at Cedar Falls Park on Weaver Dairy Road to load vehicles
	5 pm	Depart for New River Trail State Park
	Evening	Arrive and set up camp
Saturday	Morning	Breakfast
		Cycling on New River Trail
	Lunch	Lunch will be on the trail, be prepared to carry your lunch with you
	Evening	Overnight at the campground
Sunday	Morning	Scout's own
		Breakfast
		Break camp
	11 am	Depart
	2 pm	Arrive at Cedar Falls Park

## **Personal Equipment**

Car Camping Equipment (<http://t9ch.org/Docs/Equipment/Car.html>).

We are expecting cold, wet, winter weather so be sure to bring a winter coat, long underwear, gloves, a poncho, and a winter hat. Be sure to follow the appropriate recommendations at <http://t9ch.org/Docs/Equipment/NOCOTTON.html>

Pack an extra set of dry clothes to keep in the vehicles.

For bike ride bring your bike, helmet, water bottle, and sun screen.

## **Recommended for bike trips**

- a CO2 inflator with two cartridges, or a frame attached air pump (frame pump recommended)
- 3 tire levers
- 1 or two tubes that fit the bike you have
- 1 or two \$1 bills to repair flats
- a multi-tool for bicycle repair
- a patch kit (new ones are glueless)
- a helmet, properly fitted
- #45 sunscreen
- plenty of water (2 quarts minimum per rider)

Not every Scout/Bike needs an air pump, but each group of bikers should have a pump with them on the trail.

Each bike should have at least one spare inner tube that fits that bike and a flat tire repair kit.

A multi-tool is a great idea for each bike.

An under seat pouch can carry the repair kit, spare tube, and multi-tool.

The Helmet is a must for this Boy Scout Activity. Please make sure it fits properly.

Taking care of your equipment will go a long way in making our outing a Safe & Enjoyable Adventure.

### **Food and Group Equipment**

Scouts and adults should eat dinner / bring your own food for your Friday evening meal. Food and group equipment for the remainder of the campout will be handled by patrol. There will be one dinner, two breakfasts, and two lunches. If you have questions about your responsibilities, contact your patrol leader.

### **Water**

Water is NOT available at the campground. Scouts and adult leaders will coordinate carrying in needed water.

Carry a water bottle on the bike trip.

### **Driving Route**

Estimated travel time is three hours.

- I-40 West to US-52 North in Winston-Salem
- US-52 North to I-74 West
- I-74 West / I-77 North to US-58
- US-58 West to Galax.
- Go north on SR 887 to Cliffview Road (SR 721).
- Take SR 721 one-quarter of a mile and turn right onto Creekview Road.
- Go one mile to the Dannelly Complex. Cliffview Campground parking is on the right. Cross the footbridge into the campground.