



FAMILY LIFE

Merit Badge Requirements

- 1) Prepare an outline on what a family is and discuss this with your merit badge counselor. Tell why families are important to individuals and to society. Discuss how the actions of one member can affect other members.
- 2) List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.
- 3) Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.
- 4) With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the house that would benefit your family. Submit a report to your merit badge counselor outlining how the project benefited your family.
- 5) Plan and carry out a project that involves the participation of your family. After completing the project, discuss the following with your merit badge counselor:
 - A) The objective or goal of the project
 - B) How individual members of your family participated
 - C) The results of the project
- 6) Do the following:
 - A) Discuss with your merit badge counselor how to plan and carry out a family meeting.
 - B) After this discussion, plan and carry out a family meeting to include the following subjects:
 - 1) Avoiding substance abuse
 - 2) Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex
 - 3) Personal and family finances
 - 4) A crisis situation within your family
 - 5) The effect of technology on your family

** Discussion of each of these subjects will very likely carry over to more than one family meeting.*
- 7) Discuss the following with your counselor:
 - A) Your understanding of what makes an effective father and why, and your thoughts on the father's role in the family.
 - B) Your understanding of the responsibilities of a parent.

Requirement 1

What is a Family? _____

Why are families important to individuals and society? _____

How can the actions of one member affect other members? _____

Requirement 2

List several reasons you are important to your family:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____
- 8) _____
- 9) _____
- 10) _____

_____ I have reviewed these with my parents.

_____ I have reviewed these with my merit badge counselor.

Requirement 3

Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them. Use the sheet on the next page to help you with this requirement or create one of your own and attach it to this worksheet.

Requirement 4

With the approval of your parents/guardians and your merit badge counselor, decide on and carry out a project that you would do around the house that would benefit the family. Submit a report to your merit badge counselor outlining how the project benefited the family.

My project, around the house, that will benefit my family is: _____

How my project benefited the family: _____

Requirement 5

Plan and carry out a project that involves the participation of your family

What project did you plan & carry out? _____

What was the objective/goal of your project? _____

Tell how individual family members participated: _____

The results of the project were: _____

Requirement 6

Discuss with your merit badge counselor how to plan and carry out a family meeting. Give a brief summary about what you discussed:

During a family meeting discuss avoiding substance abuse. Give a brief summary of what was mentioned and what you learned: _____

** During family meeting discuss the growing-up process and how the body changes, and making responsible decisions dealing with sex. Have a parent initial here once you have completed this topic: _____

During family meeting discuss your personal and family finances. Give a brief summary on what was mentioned and what you learned:

During family meeting discuss a crisis situation that could face your family. What crisis did you discuss and what did you learn? _____

During family meeting discuss the effect of technology on your family. What were some of the things mentioned and what did you learn? _____

Requirement 7

Discuss with your counselor your understanding of what makes an effective father and why. Give a brief summary of your discussion:

What are your thoughts on the father's role in the family? _____

Discuss with your counselor your understanding of the responsibilities of a parent. Give a brief summary of your discussion: _____
